



1) Strasbourg – Ettlingen

distance: 88.03 km
 elev. min/max: 106 m/141 m
 elev. gain/loss: 17 m/-31 m

2) Ettlingen - Bad Wimpfen

distance: 89.26 km
 elev. min/max: 108 m/282 m
 elev. gain/loss: 391 m/-374 m

3) Bad Wimpfen - Rot am See

distance: 103.2 km
 elev. min/max: 142 m/486 m
 elev. gain/loss: 527 m/-265 m

4) Rot am See - Nürnberg

distance: 108.6 km
 elev. min/max: 284 m/500 m
 elev. gain/loss: 466 m/-570 m

5) Nürnberg - Bayreuth

distance: 103.7 km
 elev. min/max: 296 m/516 m
 elev. gain/loss: 502 m/-470 m

6) Bayreuth - Höchstadt im Fichtelgebirge

distance: 70.65 km
 elev. min/max: 334 m/795 m
 elev. gain/loss: 820 m/-588 m

7) Höchstadt im Fichtelgebirge - Loket

distance: 82.10 km
 elev. min/max: 389 m/606 m
 elev. gain/loss: 367 m/-544 m

8) Loket Kralovice

distance: 93.71 km
 elev. min/max: 369 m/692 m
 elev. gain/loss: 838 m/-794 m

9) Kralovice-Nizbor

distance: 61.45 km
 elev. min/max: 227 m/489 m
 elev. gain/loss: 689 m/-903 m

10) Nizbor - Prague

distance: 53.06 km
 elev. min/max: 189 m/243 m
 elev. gain/loss: 19 m/-51 m

TOTAL

distance: 853.8 km
 elev. min/max: 106 m/795 m
 elev. gain/loss: 4635 m/-4590 m
 Elevation gain/loss threshold: 10m